mi\$\$-Eupnea

Hannah Brontë with Anna McAllister

Things I been thinkin bout

I guess where to begin aye. I've been thinking deeply about transmutation. This time in the world where everyone has had to question, break open, shift, heal, open again, heal again, pause it's been transformative for all of us.

Been thinking about scarcity and abundance.

Rhythm of nature versus rhythm of the internet

I hope that this email finds you well, I hope this finds you well. I hope you are well in these crazy times.

Been thinkin bout you and the whenua and who is resting.

I'm not too sure who is, but I hope it's Papa, cause yah know, she needs it .

I feel like it's been so fuckn long since I rested . Too long .

Endless rhythm like those horrible dubstep remixes on youtube that go on for like 4 hours Ko tēnei nga whakataki ki a au .

Whakataki: to go out in search of / to narrate / to trace / testimony / rhythm.

Exactly!

We are all so out of sync . Synchronised with computers instead of sinking into Ummas pace .

You gotta rest. Rest is resistance. The disparity of sleep in this world too. How can you dream if you can't sleep deep often.

Tracing nature. I like to imagine if all the internet and power just blacked out for a while.

Ofcourse there's ways we can be smarter and everything comes from nature. The original internet was mushrooms anyways, the wifi the hubs were trees.

So even internet is from nature and mimicking her . Often imitated never duplicated .

Mushrooms nē?

I had never thought about that .

Lana Lopesi's book about how the internet is the new Moana is beautiful. Have u read that one e hoa? It's so fuckning good.

It talks about the cables under the waves, and how now cause we are in these made up countries, we have had to use the internet as our method of cross-cultural communication.

Cross-cultural communication

Cross-species communication

Cross-realm communication

Like you said, healing, breaking and opening.

Te Pō ---- Te Ao Mārama

Exactly!
I love Lana's writing!

Oceanic transmissions. Portals to transport all.

How do you say portal in your mother tongue Ecosystem / Gateway / pathway / route Web / spider / weaving / surf / stream / hub / Internet / sky / park / big / swarm / virus /

It is all deep down at the core echoing nature.

I do wonder how humans' obsession with phones affects / effects the animals and land .

How many brilliant things do we miss now that we are literally synced with a machine instead of our environment.

Perhaps we have to stop thinking like that and heal the data. Digital divine . Helping to emotionally shift - key

I think I'll simply make art and be a doula in the physical wold, digital world and the divine worlds.

Hannah Brontë (Wakka Wakka, Yaegl, Welsh) is based in Meanjin, Brisbane. Her practice draws on women's empowerment, hip-hop and protest, and spans photography, textiles and video. She has exhibited both locally and internationally. Brontë is the creator of Fempress which blends her DJing and artistry to create a platform for women in hip hop.

Anna McAllister (Te Aitanga-a-Māhaki, Ngāti Porou) is a 24-year-old mana wāhine Māori intersectional feminist. Growing up as a self-proclaimed white-passing diasporic Māori, Anna has occupied both Pākehā and Māori spaces whilst simultaneously never completely fitting in either. Anna is a published poet, performance and installation artist, protest organiser, academic and researcher whose work occupies a complex space within Te Ao Māori; interweaving responsibilities to tikanga Māori, mana wāhine, with contemporary ideas of sexuality, modern cultural identities, and social media.